



## **INSTRUCTIONS FOR EXTENSIVE COLON PREP:**

1. Purchase Nulytley from your pharmacy with the prescription provided.
2. Start clear liquid diet the morning of \_\_\_\_\_.
3. Beginning at 2:00 pm on \_\_\_\_\_ drink 8oz of Nulytley every 10 minutes until gone. The Nulytley needs to be completely finished by 4:00 p.m.
4. If bowel movements are not clear by 7:00 pm call and notify our office (501) 778-3361.
5. On \_\_\_\_\_ at \_\_\_\_\_ (19 hrs prior to surgery) take  
**Erythromycin Base 1 gm by mouth and Neomycin Base 1 gm by mouth**
6. On \_\_\_\_\_ at \_\_\_\_\_ (18 hrs prior to surgery) take  
**Erythromycin Base 1 gm by mouth and Neomycin Base 1 gm by mouth**
7. On \_\_\_\_\_ at \_\_\_\_\_ (9 hrs prior to surgery) take  
**Erythromycin Base 1 gm by mouth and Neomycin Base 1 gm by mouth**
8. Nothing to eat or drink after midnight on \_\_\_\_\_.

### **Clear liquids:**

These are liquids that you can see thru when held up to light. It is very important to drink plenty of liquids to assist in hydration and to prevent electrolyte imbalances.

Examples are: Drinks: Water, carbonated beverages, black coffee with no creamer, tea, Gatorade  
Clear fruit juices (example-apple juice or white grape juice)  
Soups: Chicken or beef broth or bullion  
Dessert: Popsicles, Plain Jell-O (lemon, lime, orange)

**DO NOT CONSUME RED OR PURPLE PRODUCTS.**